



Dear Music Therapy Community,

Happy Autumn to you all. This newsletter may look familiar. Perhaps you're experiencing some de-ja-vu right now? This is a revised version of the newsletter I sent out last week! Please throw away the old one and read this one instead. There are two additional pages for you to check out. I apologize for the confusion. I put the newsletter out too soon and missed many essential components. Thank you to all who contributed to this newsletter!

The OAMT board is hard at work creating ways for us to come together to increase our skills, confidence, and knowledge. Many members attended our OAMT meeting and CEU opportunity on October 1. For those of you unable to attend, we had a group of energetic and creative music therapists who shared their ideas with us. Please see the OAMT minutes for more information on the meeting. In addition, we recorded the presentation and it is available on DVD. Please email the board if you're interested in watching: How to Give an Effective Music Therapy Presentation that Highlights the Unique Benefits of Music Therapy Part II by Jessica Shaller Gerweck.

Thanks for all your support!  
Angie Kopshy  
OAMT Secretary

**OAMT 2011/2012 Board:**

- President: Emily Ross
- Vice President: Alexis Barker
- Treasurer: Lisa Smith
- Secretary: Angie Kopshy
- Job Shadow Coordinator: Beth Rousseau
- Public Relations: Jessica Shaller Gerweck
- Historian: Julie Ide
- CEU Coordinator: Anne Vitort
- Government Relations: Jodi Winnwalker
- Media Coordinator: Nicole McDavid

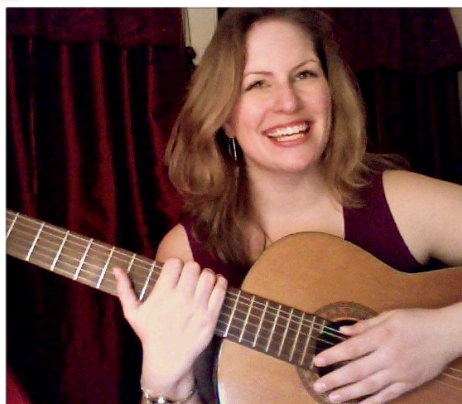
**Table of Contents:**

- Letter from the President.....1
- Some of Oregon's newest MT-BCs.....2
- Community News.....3
- Upcoming Career Dev. Opportunities.....4
- Upcoming Conferences.....4
- Call for Papers.....4
- Community Spotlight.....5
- Upcoming Events.....5
- OAMT Membership Benefits.....5

Do you have upcoming events or submissions for our next newsletter?

Email [oamtboard@yahoo.com](mailto:oamtboard@yahoo.com) att: Angie Kopshy

## Some of Oregon's newest music therapy transplants



**Kimberly Thompson MT-BC** provides music therapy services in Portland, Oregon. She is the Co-director of “*Mundana Music Therapy services LLC*”, a private music therapy practice founded with friend and collaborator Megan Resig M.S., MT-BC. Kim received her bachelor’s degree in music therapy from Berklee College of Music and her clinical internship at *Hochstein School of Music and Dance* in Rochester, NY. Kim recently relocated from Rochester where she worked as a full-time music therapist for *Hochstein* and was a clinical supervisor for Nazareth College. She assists with an online resource blog ([www.mundanamusictherapy.com](http://www.mundanamusictherapy.com)) to provide quality resources and wellness information to her greater community. Kim continues to expand her repertoire of healing modalities through trainings in EMI (essential music intelligence), and Reiki healing to compliment her passion as a music therapist.

**Megan Resig, MS, MT-BC** recently moved to Portland, Oregon from Rochester, NY to work as a contract music therapist for the Children’s Cancer Association. She is also currently in the process of setting up her own private practice, “*Mundana Music Therapy Services, LLC*” with her business partner and friend, Kimberly Thompson. In addition to her work as a music therapist, Megan also is an active blogger in the music therapy community. She writes and maintains the blog “*Mundana Music Therapy*” ([www.mundanamusictherapy.com](http://www.mundanamusictherapy.com)) where she and Kim share original songs, resources, and techniques related to music therapy, music education, wellness, and business. In her spare time, she is a director of PDX Vox, a local inter-generational a cappella group.



**Emily Murer, MS, MT-BC**, is the new Program Director with Earthtones Music Therapy Services, LLC, and also works as an independent contractor, doing business as Heart & Soles Dance Instruction & Music Therapy Services. Emily grew up in Northeast Portland. After graduating from U.S. Grant High School, Emily attended Pacific Lutheran University in Tacoma (Washington). She graduate *magna cum laude* with a BMA in instrumental music and sociology in Spring 2003. Emily attained her MS in music therapy from Radford University (Virginia) in December 2007, after serving as an intern at Children's Medical Center, Dallas (Texas). Since then, Emily has been working as a contract music therapist in the Dallas/Fort Worth metroplex, with most of her contract hours spent within the Carroll Independent School District in Southlake (Texas). Emily is thrilled to be returning to Portland and becoming part of the vibrant community of MT-BCs in the Pacific Northwest!

## Community News

### Group Soup to Re-Launch in October: Jump in the Pot!

In March 2008 *Group Soup*, a Portland-based professional peer supervision group for music therapists, was successfully launched. The group formed in response to the need for more structured opportunities to give and receive peer support and clinical supervision. The original mission states this need in the following way:

“To co-create a peer supervision group of MT professionals, a safe place of professional and interpersonal support, a place to share and work through clinical issues, and to celebrate successes. To adhere to AMTA Professional Competencies by participating in and benefiting from ongoing supervision.”

Three years later, Group Soup has continued to thrive and shape itself in response to its members. Some of the unique features that the Group has to offer include:

- Leaderless group: Each member contributes equally to the process.
- Rotation of “hosts”: Meetings in the homes of the group members.
- Social connection with professional peers: “Front Porch” gathering time.
- Semi-closed group: Group open to new members every 6 months.

Group Soup has been on hiatus during the summer months and will resume monthly meetings on Saturday, October 22<sup>nd</sup>, from 10:45-1:00 PM. Any music therapy professional who wishes to attend this meeting or any Group Soup meeting for the next six months, please contact Liska McNally for more information:

[liskanoelle@jonmcnally.net](mailto:liskanoelle@jonmcnally.net) (503) 933-6808



Meet the  
2011-2012 Marylhurst Music Therapy  
Student Organization (MMTSO) Officers  
*President: Amy Melancon*  
*Vice-President: Dan Maruyama*  
*Historian: Amy Wosser*  
*Treasurer: Alexis Bron*  
*Secretary: Keiko Shiokawa*

Congratulations to the Spring & Summer 2011  
Music Therapy Graduates of Marylhurst University  
*Anne Vitort*  
*Karla O'Hagen Hawley*  
*Lisa Smith*  
*Maggie Johnson*  
*Keeley St. Clair*  
*Erin Hade*  
*Emily Horton*

## Upcoming Career Development Opportunities

- **Deadline: Submit your proposal by October 16, 2011 for The Wilson Fund.** "Pay It Forward Microloans" is one of the projects available to music therapists practicing in the Puget Sound area. Please send your request for details to [oamtboard@yahoo.com](mailto:oamtboard@yahoo.com), subject line "Wilson Fund" and then use the contact information below if you have any further questions:
  - Patti Catalano, WTMTTP Regional Project Manager, [catalano@musictherapy.org](mailto:catalano@musictherapy.org)
  - Barbara Else, WTMTTP Project Director Special Projects, [else@musictherapy.org](mailto:else@musictherapy.org).
- **OHSU Teaching Opportunity:** Rebecca Sauerwein, a medical student at OHSU is proposing a Music & Medicine class elective (Spring 2012) for her fellow medical students. Lectures will take place one night a week, for the first six weeks of an 8 week course with students shadowing professionals in the community and potentially playing music in medical settings themselves the last couple weeks. OAMT is forming an informal committee to help Rebecca with this endeavor. Please send us an email if you would like to join this committee and were not at the latest OAMT meeting.

## Upcoming Conferences

- **November 6, 2011: Portland Creative Arts Therapy Association - New Dimensions in Creative Arts Therapies** is taking place at Marylhurst University. [Dr. Larry Sherman](#) is the keynote speaker and will be presenting on [Music and the Brain](#). For details go to [www.catapdx.org](http://www.catapdx.org). There are a few openings for volunteers to help with the event. In exchange for help with tasks, volunteer may receive a [discount on admission](#). Contact Pat Jenkins to make a request by October 21, 2011.
- **November 16-20, 2011: The American Music Therapy Association Annual Conference - Advocacy, Therapy and Leadership** is taking place in Atlanta, GA. Go to [www.musictherapy.org/events/annual/](http://www.musictherapy.org/events/annual/) for details and registration information.
- **January 28, 2011: Oregon Association for Music Therapy Annual Conference - Evidence, Ethics and Ethos.** OAMT is excited to announce that Brian Abrams, Ph.D., MT-BC will be our keynote speaker and a featured presenter. OAMT is looking for presenters and a 3-hour class on ethics – details are below in the **Call for Papers** section. You get free registration and CEU credit if you present. Please spread the word!
- **March 22-24, 2012: Western Region Association for Music Therapy Conference - Broadening Your Range** is taking place in Salt Lake City, Utah. WRAMTA is offering a Level 1 BMGIM course with Fran Goldberg and a Level 1 Drumming course with Kalani. The keynote presentation is *De-mystifying Evidence Based Practice*. WRAMTA is offering a few free meals and very reasonable room rates. Details at [www.wramta.org](http://www.wramta.org).

## Call for Papers

- **Deadline: Submit your proposal by October 29, 2011** to present at the upcoming OAMT conference *Evidence, Ethics and Ethos*.
  - Please submit a 100-word description of your proposed presentation and indicate whether the presentation will be 60 or 90 minutes. Send your presentation proposal to [oamtboard@yahoo.com](mailto:oamtboard@yahoo.com) with the subject line "presentation proposal". OAMT is also looking for a presenter who will speak for 3 hours on ethics in music therapy at this conference. Please send an email immediately if you are interested in this or would like to recommend a speaker who specializes in this area, subject line "ethics speaker".
- **Deadline: Submit your proposal by October 31, 2011** to present at the upcoming WRAMTA conference. Details and requirements can be found at [www.wramta.org](http://www.wramta.org).

## Community Spotlight



Here's a snippet from an article in [Cedar Sinai Park's blog](#): "I'd like this music group to be like church," music therapist **Beth Rousseau** said as she settled in with her guitar to lead the Adult Day Services "Music With Beth" group. "G-d doesn't care how you sing and neither do I."

"Music With Beth" is now an integral part of Adult Day Services (ADS) programming. A board-certified music therapist, Beth has been involved with ADS off-and-on since 2004; since last January, she's been coming as an independent contractor.

Congratulations to **Karla O'Hagen-Hawley**, who became board certified on September 8! Karla is accruing hours toward an Oregon Associative Sex Offender Certification and is currently working at Child/Adult Intervention Services (CAIS) on a contractual basis. CAIS is having an open house to welcome Karla to their organization on Oct. 26th 6-8:00pm. Karla's work focuses on the adjudicated youth and family issues: Emotional Regulation, Social Skills, Self Expression, Ameliorating Cognitive Distortions and Self Efficacy. Karla hopes to further her work in the arena of Pornography and Electronic Entertainment difficulties, for youth and their families.



## UPCOMING EVENTS

- Sat., October 1 (10am-noon): OAMT Meeting followed by 3 credit [CEU: How to Give an Effective Music Therapy Presentation \(12:30-3:30pm\)](#): St. Catherine's Room 107, Marylhurst University
- Sat., October 22, 10:45am-1pm: Group Soup [liskanoelle@jonmcnally.net](mailto:liskanoelle@jonmcnally.net)
- Sun., Nov. 6: Portland Creative Arts Group: Daylong Workshop [http://www.catapdx.org/Home\\_Page.html](http://www.catapdx.org/Home_Page.html)
- November 16-20: AMTA National Conference <http://www.musictherapy.org/events/annual/>
- Sat./Sun., Jan. 28-29: Second Annual Mini State Conference. More information soon.
- March 22-24: WRAMTA Conference, Salt Lake City, Utah <http://www.wramta.org/jobs-and-news/>

*Do you have an upcoming event? Please email the information to [oamtboard@yahoo.com](mailto:oamtboard@yahoo.com) and we'll add it to the Weekly Blast!*

## The benefits of being an OAMT member

**OAMT Membership** is an investment in the music therapy profession in Oregon and in your future as a music therapist. Membership in a professional organization like OAMT is a mark of credibility. It shows prospective employers and graduate programs that you are serious about yourself as a music therapist, and about furthering the growth of music therapy in our community.

Visit [oregonmusictherapy.com](http://oregonmusictherapy.com) to learn about our mission and find links to useful resources.

To contact the Executive Board at any time, email [oamtboard@yahoo.com](mailto:oamtboard@yahoo.com).